

## **In a desert land**

### **A Quiet Afternoon for Lent**

on Zoom on Wednesday 3<sup>rd</sup> March from 2.00pm until 4.30pm.

Lent is traditionally a time for reflection and prayer as we prepare to celebrate Easter but it is not always easy to make space in our busy lives (even if we are still in lockdown). This afternoon is offered to help create that space.

There will be two short talks followed by time for your own prayer and reflection. Suggestions will be made as to how you might spend that time and material that you might you might like to use will be provided. If you have never been to a Quiet Day before this might be a good way to dip your toe in the water.



If you would like to join the afternoon please email the Reverend Camilla White (camillawhite@waitrose.com) by 28th February and she will send you the Zoom link and a handout after that.